



IVF Support at The Jocelyn Centre

Facts, Fees & Procedures

June 2015

Infertility facts:

- A couple is regarded as infertile when they have not conceived after 12 months of regular unprotected sexual intercourse. Approximately 3 out of 5 couples conceive within 6 months of trying; 1 in 4 take between 6 months and 12 months. For the rest, conception takes more than a year which means there may be a problem.
- About 15% of Australian couples of reproductive age have a fertility problem.
- In about 40% of infertile couples, the problem is a male factor, in about 40% it is a female one, and for the remaining 20% it is a joint problem, or the cause is unknown ("idiopathic").
- The causes of infertility are many and varied. They include problems with the production of sperm or eggs, with the fallopian tubes or the uterus, endometriosis, frequent miscarriage, as well as hormonal and autoimmune (antibody) disorders in both men and women.

Source: <http://www.access.org.au>

IVF Support:

Our Conception Program can be extended or modified to support prospective parents with a wide variety of reproductive issues. A common situation is unexplained infertility i.e. where there is no diagnosed medical health issue. Often this is caused by a combination of various nutritional deficiencies, toxic exposures, lifestyle and sub clinical health issues in both partners. We also see many patients with diagnosed reproductive health issues (such as hormonal imbalance, irregular cycles, PCOS, endometriosis, fibroids, recurrent miscarriage, thyroid or immune system problems and problems with sperm count, motility, morphology or DNA integrity). These cases are often resolved in a straightforward manner through the Conception Program - please refer to appropriate handouts for further information.

Some patients, however, will experience fertility problems that are not amendable to natural therapy (such as severely blocked tubes). In this case, your naturopath can support you prior to and during IVF/ICSI or any other assisted reproductive procedures with a focused and comprehensive care program.

Our IVF Support program is undertaken with a view to improving your overall health, increasing the possibility of success and decreasing the health risks involved. A recent study in the UK showed IVF success rates more than doubled when preceded by a period of preconception health care.

The Jocelyn Centre has longstanding relationships with many IVF clinics with referrals occurring in both directions. We are knowledgeable about the processes involved at these clinics and will work in conjunction with your IVF doctors to ensure you are receiving the very best in general and reproductive health care.

A free ½ hour introductory consultation is available to answer questions and discuss how we can assist your particular fertility issues. Please call (02) 9268 9000 to make an appointment.

IVF Support Consultations:

Appointment Type	Cost	Cancellation Notice
Introductory ½ hr consultation	Free	24 hours
Initial consultation – 2 hours	\$300.00	2 working days
Subsequent consultations – 1 hour	\$150.00	24 hours
Acute Care consultations by phone/email for alteration to treatment protocol	Starting at \$45	

Checklist for your Initial Consultation

Free consultation: you do not need to bring anything. It is best for both partners to attend where possible.

To bring to your initial consultation:

- Your completed questionnaire. Please **DO NOT** send this questionnaire. If you have not received your questionnaire, please call reception or download one from our website.
- Any relevant & recent medical records (include results sheets with exact figures, wherever possible).
- The actual containers of any medications and/or natural medicines/supplements that you have whether currently being taken or not. This enables your practitioner to assess whether these can be used as part of your treatment. Prescribed medications will only be replaced by less invasive or natural alternatives in co-operation with the prescribing doctor.
- Your doctor's referral (if available) in order to claim the government Tax Offset (see General Information over the page).

General Information:

For your convenience, our naturopaths are available 5 days a week, including weekends, with after-hours consultations on most days. Please phone **(02) 9268 9000** to make an appointment.

Reception & Dispensary Monday to Thursday 9:00am – 5:00pm *
Alternate Saturdays 9:00am – 5:00pm
* or later, please call to confirm if collecting stock items after hours or on
Saturday

Naturopathic consultations Monday to Thursday 9:00am – 7.00pm
Alternate Saturdays 9:00am – 5.00pm

Distance Consultations: we offer treatments via phone to patients unable to attend in person, after at least one face-to-face consultation which is an industry requirement. If treatment continues for more than 6 months, a further face-to-face consultation may be required. Natural remedies can be posted nationally and internationally via secure delivery methods.

Methods of Payment: Consultation fees are GST exempt and can be paid by EFTPOS, cash, cheque, money order or credit card. Cheques should be made out to "Natural Fertility Management Pty Ltd".

Cancellations: Missed consultations without adequate notice incur a cancellation fee of 35% of the consultation fee + GST. Cancellations must be given with adequate notice (see timing requirements on previous page). Consultations are GST exempt but cancellation fees attract GST. Credit card details are taken for your initial appointment, however they will only be used if adequate cancellation notice is not given and are deleted after your first consultation.

Rebates: standard Medicare rebates apply for medical consultations only. The Medicare Safety Net may apply for annual family medical expenses. Most Private Health Funds offer partial rebates, though these vary for natural therapy consultations and for natural medicines and supplements.

Net Medical Expenses Tax offset: Naturopathic consultations and supplements may count towards the tax-deductible medical expenses rebate. In order to claim the costs incurred at the Jocelyn Centre, you will need to have claimed a rebate in 2013-14 and organise a referral to your naturopath from a doctor before you attend your first consultation. This rebate is gradually being phased out and is income tested, please refer to: <http://www.ato.gov.au/Individuals/Income-and-deductions/Offsets-you-can-claim/Medical-expenses/> or discuss this with your accountant..